



Fairfax Oral and  
Maxillofacial Surgery

Henry W. Zussman, D.D.S.

Peter W. Smith, D.D.S.

Patrick J. Dolan D.D.S., M.S.

Kimberly A. Silloway, D.D.S.

Jonathan J. Park, D.M.D., M.D.

Daniel M. Theberge, D.D.S.

Cyrus A. Ramsey, D.M.D., M.D.

Diplomates of the American Board  
of Oral and Maxillofacial Surgery

**Fairfax**  
10530 Rosehaven Street, Suite 111  
Fairfax, VA 22030  
(703) 385-5777

**Centreville**  
6211 Centreville Rd., Suite 800  
Centreville, VA 20121  
(703) 266-0026

**Reston**  
1800 Towne Center Drive, Suite 416  
Reston, VA 20190  
(703) 435-7100

**Burke**  
5210-A Lyngate Court  
Burke, VA 22015  
(703) 764-2077

**Woodbridge**  
3421 Commission Court, Suite 202  
Woodbridge, VA 22192  
(703) 672-4200

[www.fairfaxoralsurgery.com](http://www.fairfaxoralsurgery.com)

## MEDICATION INSTRUCTIONS FOR SURGICAL PROCEDURES

### Please follow these instructions:

- Remove gauze before eating, drinking, sleeping, or taking any medications.
- Make sure you eat before taking any pain or antibiotic medication as it may upset your stomach. We recommend soft foods such as ice cream, yogurt, applesauce, mashed potatoes, etc.

### Pain:

- Starting immediately after the procedure, take one prescription Motrin/Ibuprofen (600mg) or three over-the-counter Motrin/Ibuprofen (200mg) tablets every six hours.
- Take Percocet or Vicodin (narcotic) three hours after your Motrin dose. If you feel the Motrin is sufficient for your pain, do not take the narcotic.
- You should **not drive** or **drink alcohol** after taking a narcotic.

### Antibiotic:

- Take Amoxicillin/Penicillin or Clindamycin as directed on the prescription label. Continue with the antibiotic until prescription is finished.

### Peridex/Perioguard:

- Starting the day after the procedure, gently rinse with Peridex/Perioguard twice a day. Continue for one week after the procedure. If you are an implant patient, gently rinse with Peridex twice a day for a week. Following the first week, use a cotton swab dipped in Peridex to keep the implant site clean.
- If a prescription rinse has not been prescribed by your physician, rinse with warm saltwater after meals to keep the surgical sites clean.